

HEART OF THE FOREST SCHOOL – POST 16 PROVISION - KS5 CURRICULUM



YEAR A

KS5	Autumn 1	Autumn 2	Spring 1	Spring 2	Summer 1	Summer 2
Overarching Theme	All about me	Enterprise	Financial Support	Setting up a Home	Making a Meal	Planning an event
Literacy FUNCTIONAL SKILLS	Reading: Profiles, celeb info, sports personalities info. Autobiographies S&L: Informal discussions, Debate. interviews Writing: Profiles, update CV. Reviews. I Am Malala – M Yousafzai The Great Mouse Plot – Roald Dahl	Reading: Instructions to make products S&L: debating and decision making, presenting ideas Writing: poster, directions, sales pitches	Reading: Job advertisements, application forms and pay day loan adverts. Speaking and Listening: Discussions concerning income and outgoings and pay day loans. Presentation. Writing: Application forms. Presentation.	Reading: Catalogues, online shops, product descriptions, house adverts, housemate adverts S&L: Enquiries, role play estate agents – formal language, house decisions Writing: Applications, housemate advert, personal profile	Reading: Menus, recipes, reviews S&L: Discussion and decisions Writing: Own menus, recipes and methods, reviews	Reading: Phone book, internet info, research S&L: debating and decision making, informal speaking, phone call enquiries Writing: Posters, invites, lists
Numeracy FUNCTIONAL SKILLS	Measure and Number – ordering dates, timelines Sorting and grouping by characteristics.	Measure – length Number Money – money management, different ways to make amounts Data handling – presenting data	Money – costs of everyday items. Income and outgoings. Loans and paying interest. Cost of travel. Time – Journey times to job interviews and benefits interviews.	Patterns – linking to decoration and design Time – chronological order and prioritising Money – cost of everyday items, budgeting and prioritising Measure – length and capacity	Measure - weight Money – addition and subtraction of amounts Time – chronological order Ordinal numbers Temperature	Money – keeping to a budget Positional language Shape – creating a space plan using shape properties
World Related Learning (Careers)	My interests – How this can help me find a job Explore my likes and dislikes and what this could mean in the world of work.	Encounters: Library	CV writing and interview practice – All about me CV; All about me – exploring who I am and what is important to me. Interviews; - Communication skills - Inter personal skills Communicating in the wider community Interview preparation and mock interviews with GFirst LEP	Encounters: Farming (Harvesting)	What are the options for the future - What I would like for my future?	Encounters: Waste Refusal
Work Experience	Work experience will be incorporated into the curriculum where appropriate for pupils who may in the future be able to access employment, voluntary work, internships or apprenticeships. These pupils will have access to specific work experience opportunities reflective of their interest and skills, providing them with real life opportunities to experience the world of work.					
PSHE and RSE	PSHE: Healthy Relationships	RSE: Body Image	PSHE: Financial Education	RSE: Consent	PSHE: Online Resilience	RSE: Where to get support & advice
Healthy Minds and Well-being	Pupils to explore mental health and wellbeing including strategies for maintaining positive mental health. Pupils will be supported to develop their vocabulary and understanding of not only feelings and emotions but also mental health problems.					
Sport and Leisure	Healthy Lifestyles: Pupils to take part in a range of fitness activities to support them in maintaining healthy lifestyles. Cycling, Swimming, Gym/Fitness classes at local leisure centre - other activities to be explored depending on pupil interest and availability					
Cookery	Cookery lessons will take place once a week and enable pupils to develop their understanding of how to prepare healthy meals, develop their functional skills and further safety awareness in the kitchen. Pupils will also have the opportunity to link learning to enterprise projects, hosting fundraising events and running their own café.					
Independent Living		Community Resources		Home Management	How to prepare healthy meals	
Environment & Community	My College		Improving my college environment			Road safety in the community
Outdoor Education	Duke of Edinburgh Award					
ICT and Computing	IT User Fundamentals		Digital Lifestyle		Online Safety	
Options	Pupil led options for learning: Arts Award, John Muir Award & Sports Leaders – other awards to be explored depending on pupil interest. (ASDAN Short Courses i.e. Animal Care)					

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YEAR B

KS5	Autumn 1	Autumn 2	Spring 1	Spring 2	Summer 1	Summer 2
Overarching Theme	Attending an Interview	Caring for Pets	Retail	Planning an event	Enterprise	Planning a Holiday
Literacy FUNCTIONAL SKILLS	Reading: Job adverts, job descriptions, emails, timetables S&L: Role play interview skills Writing: Applications, personal statement, CV update	Reading: Instructions, Research info books, online, articles S&L: Q&A in pet shop, formal/informal discussion – pros and cons, debate Writing: Article, info leaflet, poster, instructions	Reading: Product adverts, sales advertisements.	Reading: Phone book, internet info, research S&L: debating and decision making, informal speaking, phone call enquiries Writing: Posters, invites, lists	Reading: Instructions to make products S&L: debating and decision making, presenting ideas Writing: poster, directions, sales pitches	Reading: Brochures, online, travel books, descriptions, reviews S&L: Pros and cons, role play booking, Writing: Reviews, postcards, travel blog
Numeracy FUNCTIONAL SKILLS	Time – bus/train timetables Number Ordinal numbers	Money – budgeting Measure – capacity and weight Time Ordinal numbers	Money – budgeting Sorting and grouping Patterns	Money – keeping to a budget Positional language Shape – creating a space plan using shape properties	Measure – length Number Money – money management, different ways to make amounts Data handling – presenting data	Money - budgeting Time – chronological order Measure – capacity and weight of suitcases
Careers	My next steps – How can a job fit in with this?	Encounters: Working with animals	CV writing and interview practice – all about me Interview prep and mock interviews with GFirst LED	Encounter: Working in a shop	Who can help me with my future next steps? Exploring who can help them with their next steps; School Parents/carers. Social services Further education settings Job centre.	Encounter: Cleaning
Work Experience	Enterprise projects and work related learning tasks will be accessed all through the year both stand-alone and threaded through other curriculum options. Pupils to have access to specific work experience opportunities reflective of their interest and skills, providing them with real life opportunities to experience the world of work .It may also be appropriate, depending on the individual learner for work experience to be accessed throughout the whole academic year.					
PSHE and RSE	PSHE- Diversity & Individual differences	RSE- Relationships, Sex & Contraception	PSHE- Emotional resilience in action and where to get support	RSE- RSE in the modern age	PSHE: Government & Politics	RSE- Sexual Health including STI, HIV & Abortion
Healthy Minds and Well-being	Pupils to explore mental health and wellbeing including strategies for maintaining positive mental health. Pupils will be supported to develop their vocabulary and understanding of not only feelings and emotions but also mental health problems.					
Life and Living Skills	Cooking	Washing and Handwashing clothes and drying	Cooking	Wiping down baseboards and units etc... Washing windows	Cooking	Sorting – tidying clutter.
Preparing for Adulthood	Ourselves: My Voice		Keeping Safe: Safety in the community		Environment and Community: My local community	
Sport and Leisure	Healthy Lifestyles: Pupils to take part in a range of fitness activities to support them in maintaining healthy lifestyles. Cycling, Swimming, Gym/Fitness classes at local leisure centre - other activities to be explored depending on pupil interest and availability					
Outdoor Education	Duke of Edinburgh Award					
ICT and Computing	Using the Internet		Desktop Publishing Software		Social Media – T&C's/Privacy/Copyright	
Options	Pupil led options for learning: Arts Award, John Muir Award, and Sports Leaders – other awards to be explored depending on pupil interest.					

HEART OF THE FOREST SCHOOL – POST 16 PROVISION - KS5 CURRICULUM



YEAR C

KS5	Autumn 1	Autumn 2	Spring 1	Spring 2	Summer 1	Summer 2
Overarching Theme	Instructions	Managing a Home	Next Steps (moving on)	Planning an Event	Healthy Lifestyles	Parenting
Literacy FUNCTIONAL SKILLS	Reading: Recipes, flat pack furniture, games, rules, house sitting etc... S&L: role play work environment Writing: instructions for house sitting, recipes, making something Texts: The Shopping Basket Ant and Bee go shopping Living	Reading: Benefits, bills, letters (electoral, council info) Further research, junk mail and scams. S&L: Discussing with others – landlords, services, housing association, cold callers. Writing: Benefit forms, notes to others Texts: This is Our House	Reading: Careers info, local colleges, different living arrangements S&L: Discussing next steps with peers, pros and cons, excitement and worries Writing: Mock applications, diary entry Text: Oh The Places You'll Go	Reading: Phone book, internet info, research S&L: debating and decision making, informal speaking, phone call enquiries Writing: Posters, invites, lists	Reading: Instructions, research into chosen topic S&L: Presentation, instructions Writing: Poster, health leaflet, instructions	Reading: Research, online, books, leaflets S&L: discussion Persuasive speech - debate Writing: Info leaflets, diary entry, Texts: But It's Not My Fault!
Numeracy FUNCTIONAL SKILLS	Shape Ordinal numbers Positional language	Benefits, budgeting, bills, Daily/Weekly/Monthly tasks	Time Data handling	Money – keeping to a budget Positional language Shape – creating a space plan using shape properties	Time Money Measure - weight Ordinal numbers	Time Money (to include pay day loans and APR percentages)
Careers	Exploring alternatives to paid work Personal work Volunteering	Encounters: Leisure and Fitness	CV writing and interview practice – all about me Interview prep and mock interviews with GFirst LED	Encounter: In the Arts	Making a decision! Choosing your options Visiting colleges/next steps/ adult centres open days · What is important to me – creating an all about me portfolio for next setting?	Encounter: Caring for Others
Work Experience	Enterprise projects and work related learning tasks will be accessed all through the year both stand-alone and threaded through other curriculum options. Pupils to have access to specific work experience opportunities reflective of their interest and skills, providing them with real life opportunities to experience the world of work .It may also be appropriate, depending on the individual learner for work experience to be accessed throughout the whole academic year.					
PSHE and RSE	PSHE: Faith and Beliefs	PSHE- Risk management	PSHE- Peer pressure / Gangs	RSE- Safe Socialising	RSE- Recognising/ understanding/managing emotions.	RSE- What is it like to be a parent?
Healthy Minds and Well-being	Pupils to explore mental health and wellbeing including strategies for maintaining positive mental health. Pupils will be supported to develop their vocabulary and understanding of not only feelings and emotions but also mental health problems.					
Life and Living Skills	Cooking	Cleaning a bathroom	Cooking	Cleaning a kitchen	Cooking	Sorting cupboards and fridges for use by dates
Preparing for Adulthood	Ourselves: Cultures		Keeping Safe: Safety in the workplace		Environment and Community: Travel in the community	
Sport and Leisure	Healthy Lifestyles: Pupils to take part in a range of fitness activities to support them in maintaining healthy lifestyles. Cycling, Swimming, Gym/Fitness classes at local leisure centre - other activities to be explored depending on pupil interest and availability					
Outdoor Education	Duke of Edinburgh Award					
ICT and Computing	Research Skills – use ICT to find information about interests and hobbies.		ICT Systems and their Uses		Using Mobile IT Devices	
Options	Pupil led options for learning: Arts Award, John Muir Award, and Sports Leaders – other awards to be explored depending on pupil interest.					